



## Martha and Mary

The passage today is that on Martha and Mary. Who are these two women? Martha and Mary, sisters of Lazarus, are the relatives and faithful disciples of the Lord, who lived in Bethany. St Luke describes them in this way: Mary, at the feet of Jesus, "listened to his teaching", while Martha was burdened with much serving (cf. Lk 10:39-40). Both welcome the Lord on his brief visit, but they do so differently.

Mary sets herself at the feet of Jesus to listen but Martha lets herself become absorbed in preparing everything, and so much so that she says to Jesus: "Lord, do you not care that my sister has left me to serve alone? Tell her then to help me" (v. 40). And Jesus answers scolding her sweetly: "Martha, Martha, you are anxious and worried about many things. There is need of only one thing" (v. 41).

What does Jesus mean? What is this one thing that we need? First of all, it is important to understand that this is not about two contradictory attitudes: listening to the word of the Lord, contemplation, and practical service to our neighbour. These are not two attitudes opposed to one another, but, on the contrary, they are two essential aspects in our Christian life; aspects that can never be separated, but are lived out in profound unity and harmony.

Why then was Martha scolded, even if kindly, by Jesus? Because she considered only what she was doing to be essential; she was too absorbed and worried by the things "to do". For a Christian, works of service and charity are never detached from the principle of all our action: that is, listening to the Word of the Lord, to be — like Mary — at the feet of Jesus, with the attitude of a disciple. And that is why Martha was scolded.

In our Christian life too, dear brothers and sisters, may prayer and action always be deeply united. A prayer that does not lead you to practical action for your brother — the poor, the sick, those in need of help, a brother in difficulty — is a sterile and incomplete prayer. But, in the same way, when ecclesial life is attentive only to doing, things gain in importance, functions, structures, and we forget the centrality of Christ.

When time is not set aside for dialogue with him in prayer, we risk serving ourselves and not God present in our needy brother and sister. St Benedict sums up the kind of life that indicated for his monks in two words: ora et labora, pray and work. It is from contemplation, from a strong friendship with the Lord that the capacity is born in us to live and to bring the love of God, his mercy, his tenderness, to others.

And also our work with brothers in need, our charitable works of mercy, lead us to the Lord, because it is in the needy brother and sister that we see the Lord himself.

Many Blessings,

**Fr. Anthoni Adimai SdM.**

**Administrator - Adelaide Cathedral Parish.**

## 24 July: Second World Day for Grandparents and the Elderly

Pope Francis has proclaimed the Second World Day for Grandparents and the Elderly to be held on Sunday 24th July 2022. In announcing this, Pope Francis has chosen the theme "In old age they will still bear fruit." - Psalm 92:15.

It is held on the fourth Sunday of July, close to the liturgical memorial of Saints Joachim and Anne, the grandparents of Jesus. The Holy Father said he instituted the World Day of Grandparents and the Elderly because "grandparents are often forgotten, and we forget this wealth of preserving roots and passing on" what the elderly have received. He emphasised the importance of grandparents and grandchildren getting to know one another, because "as the prophet Joel says, grandparents seeing their grandchildren dream," while "young people, drawing strength from their grandparents, will go forward and prophesy."

Our Parish will be celebrating this special day in all our churches at the Sunday Mass with a special blessing. We request all our parishioners to attend with their grandparents in large numbers. The Mass timings are as follows:

**Cathedral: 9am & 11am**  
**St. Peter Claver: 11am**  
**Holy Name: 11am**

**Queen of Angels: 9.30am**  
**St. Mary's: 9.30am**  
**St. John Vianney: 9.00am**

## 24 July: Children's Choir

The St Francis Xavier's Cathedral Children's Choir has been singing regularly once a month at the 9am Mass at the Cathedral. The next Mass the children will be singing will be on 24 July at 9am. All are welcome.

The Children choir practices in the Cathedral Parish Hall on Saturdays from 12pm to 1pm. If you child/ren would like to join, please contact Astrid Sengkey on [music@adelaide.catholic.org.au](mailto:music@adelaide.catholic.org.au)



## July 16 & 17: Adelaide Fire Weekend

Deepen in the Holy Spirit and be equipped for evangelisation over two days of talks from interstate speakers, charismatic praise and worship, Masses, the Sacrament of Reconciliation, Adoration of the Blessed Sacrament and fellowship. Families, youth and all are welcome! **Dates:** July 16 — 10am to 9pm and July 17 — 10am to 2pm; **Venue:** St Mary's College, Adelaide. Suggested donation (covers all meals, event costs and children's retreat): \$25 school students, \$30 concession, \$40 adults, Pre-schoolers free.

Bookings essential: [trybooking.com/BZVRL](https://trybooking.com/BZVRL).

More info: [adelaidefireweekend@gmail.com](mailto:adelaidefireweekend@gmail.com)

## 17 Jul: History of St Joseph's Orphanage

Sr Christine Schwerdt rsj will speak about the history of St Joseph's Orphanage at Largs Bay at the next adult formation session being hosted by Lefevre Catholic Community. The presentation is being held this weekend (Sunday, July 17) 4-5pm at Lefevre Catholic Community Meeting Rooms, 253 Military Road, Semaphore. Enquiries to Carolyn Watt, parish secretary P: 8449 6378 or E: [lefevre@catholicparishes.com.au](mailto:lefevre@catholicparishes.com.au)

## 29 Jul: St Vincent Pallotti Scholarship Trust

The St Vincent Pallotti Scholarship Trust offers scholarships to enable lay people to further their understanding and skills in leadership/ministry or a specialised activity, such as promoting faith enhancement, social justice and pastoral care. Closing date for application is **July 29**. More information and application forms available at <https://bit.ly/3IIIAIr>

## 1 Aug: Scripture Study Program

The 2022 Scripture Study program will continue with "Women in the New Testament" (8 sessions) commencing on 1 August. The sessions are held from 7.30pm to 9pm in the Cathedral Hall on Monday nights. The cost for materials \$25. The program is based on home-study and small group discussions (one of which is conducted in Vietnamese). Participants who took "Women in the Old Testament" need not book. Enquiries and bookings to Br Martyn at [martynpaxton@gmail.com](mailto:martynpaxton@gmail.com)

## 8 Aug: Feast of St. Mary MacKillop

The Feast of St Mary of the Cross MacKillop will be celebrated in the Cathedral at the 8am, 12.10pm and 5.45pm Mass. All are welcome.

## 18 Aug: Music In The Liturgy

The Office for Worship will be hosting a course for all music ministers and choir leaders in the diocese next month. 'Music in the Liturgy' will help participants understand some of the history of liturgical music and learn appropriate ways to select music for preparation of Catholic Masses and other liturgical celebrations. It will be held on Thursday evenings, starting August 18, in the Cathedral Hall. Contact the Office for Worship on 8210 8130 or [worship@adelaide.catholic.org.au](mailto:worship@adelaide.catholic.org.au) for more details.

## 26 Aug: Relationship Education Course

Centacare Catholic Family Services has organised a relationship education course for couples preparing to marry or in a long-term relationship. It is based on current research about what makes long term relationships successful. Dates are **Fri, 26 Aug**, 7pm-10pm and **Sat, 27 Aug**, 10am-4pm at Centacare, Level 2, 45 Wakefield St, Adelaide. Please call 82156700 or E: [registrations@centacare.org.au](mailto:registrations@centacare.org.au) for more details.

## 3 Sep: Adult Confirmation

Adult Confirmation will be held this year on **Saturday 3rd September** at the 6pm Mass in St. Francis Xavier's Cathedral. This is for adults who were baptised as children and who have missed celebrating Confirmation. Anyone wishing to receive this sacrament please contact Kathy Horan via email: [khoran@adelaide.catholic.org.au](mailto:khoran@adelaide.catholic.org.au). There will be two preparation sessions held from 2.30-4pm on Saturday, **August 20** and **August 27**.

## 18 Sep: Blessing of Significant Wedding Anniversaries

Celebrations of significant wedding anniversaries will be held in local parish communities on Sunday, Sept 18. The Archdiocese will provide parishes with a digital resource via email. In addition, there will be a digital form for parishes to nominate married couples who are celebrating significant anniversaries, so they can receive a certificate on the day. For more information contact Archdiocesan Events on P: 8210 8220 or E: [events@adelaide.catholic.org.au](mailto:events@adelaide.catholic.org.au)

## Africa Food Crisis appeal

Caritas Australia has launched the Africa Food Crisis Appeal to provide urgently needed humanitarian aid to countries in the Horn of Africa, including Ethiopia, Somalia and Eritrea.

The donations from the appeal will go towards food distributions, support for children impacted by malnutrition, clean drinking water, cash transfers to households at risk of poverty, hygiene supplies as well as seeds and household items for families that have been displaced by conflict. Donations can be made at: <https://www.caritas.org.au/donate/emergency-appeals/africa-food-crisis/>

## Afghanistan Earthquake

Caritas Australia is raising funds to support communities in Afghanistan. A magnitude 6.1 earthquake has devastated Afghanistan and Pakistan, killing more than 1000 people and injuring a further 1600. The earthquake has devastated a population already struggling with a food crisis from the combined impacts of long term drought and hunger, COVID and decades of political instability. Caritas Australia continues to work with partner on the ground, CRS, to provide long term emergency support including emergency cash assistance, food security support and education to the most drought-affected rural communities. Call 1800 024 413 toll free or visit [www.caritas.org.au/donate/emergency-appeals/afghanistan](https://www.caritas.org.au/donate/emergency-appeals/afghanistan) to provide much needed support to vulnerable communities in Afghanistan.

## Latin Mass Community

Today we welcome Rev. Mr Nathan Pospochil. Rev. Pospochil is an FSSP deacon who is originally from Sydney. Rev Pospochil has almost completed his studies at our seminary in the USA and will be ordained to the priesthood next year. Rev. Pospochil is spending a fortnight with us on his "summer" apostolate prior to returning to the US. Please make him feel welcome.

The Scripture Class meets this Monday evening at 7.30pm.

Into the breach continues this Wednesday evening at 7.30pm. Please see Peter Balan for details.

Next Sunday, 24<sup>th</sup> July we will farewell Mr. Binil Chacko. Binil has been part of our community for the last 3 years, and on 25<sup>th</sup> July he will enter Ezechiel House, the FSSP novitiate, to begin his seminary studies for the priesthood. We wish Binil well and our prayers go with him as he begins his journey to the priesthood. There will be a farewell morning tea after the 9.15am Mass next Sunday. All Welcome.

Welcome to new parishioners. If you are new to the Latin Mass or new to Holy Name, please don't hesitate to introduce yourself to either Fr McCaffrey or Fr Sofatzis after Mass. There is a cuppa after the 9.15am Mass every Sunday in the tea room behind the church diagonally across the car park. All welcome. Also please feel free to register as a parishioner on our community census. The link is available on the blogspot.

Please do not place any advertising material in the church without the prior permission of the chaplain. Thank you.

Please see the community blogspot for other information.

Please remember the sick in your prayers, especially Jane Carey, Kathryn Nader, Tony Caruso, Luise Obrist (Gaby Freer's mother), Vincenza Martucci (Ines Barson's mother). Please also remember the recently deceased, especially Mary Miller, Margaret Mary Kemp (Paul Kemp's mother), Aubery Barr (Michael Barr's father), and also those whose anniversaries occur about this time.

## RCIA program

Adults who are interested in knowing more about the Catholic faith and becoming a Catholic, the Rite of Christian Initiation for Adults (RCIA) program will begin shortly. Kindly contact the parish office via email: [acp@adelaide.catholic.org.au](mailto:acp@adelaide.catholic.org.au) or call 82108155 to register your interest.

## Worldwide Marriage Encounter

Worldwide Marriage Encounter invites couples, priests and Religious for a virtual marriage encounter weekend to enrich and revitalise your sacrament of service. It allows you to grow in your relationship with your spouse or community. It will be a virtual weekend via Zoom from 19-21 August 2022 commencing at 7pm Friday and concluding at 4pm Sunday.

Please book via: <https://www.wwme.org.au> For all enquiries contact Julie & Zyg Staszyc M: 0437 388 513 or Thomas & Maria M: 0470 121 085. Please Email: [sabookings@wwme.org.au](mailto:sabookings@wwme.org.au)

## COVID-19 Protocols Update: 17 June 2022

- If you have tested positive for COVID-19 please follow the instructions as per SA Health in terms of contact tracing and isolating yourself as per government health protocols. **Please stay home and do not attend church services till you have fully recovered.**
- The density requirement has been updated to full capacity in all churches and also includes funerals and weddings.
- Wearing of face-masks is not mandatory in Church but is strongly recommended by the Archbishop. Please carry your own mask if you plan to wear one. This includes all religious except when delivering a sermon.
- Sick and high risk/vulnerable people are requested to stay home and not attend services.
- Hand sanitiser is available at church entrances. Kindly sanitise your hands before entering the church.
- Communion is given only in hands.
- Precious Blood will not be distributed.
- Holy Water is not available at the doors of churches.
- Procession of gifts has resumed.
- Collection plates are to be passed around with minimum contact.
- All surfaces should be cleaned at least daily, with special attention given to frequently touched surfaces.

## Screening Process for Volunteers

**There is a mandatory requirement for everyone 14 years and older to have a current Working with Children Check if you are a regular volunteer with the Parish.** Please contact the WWCC Volunteer associated with your church to lodge/renew your application:

**St. Francis Xavier's Cathedral/St. Patrick's Church:**

Susan Wainwright & Deacon Paul Crowe

**Cathedral African Community:** Clement Kuek

**Queen of Angels:** Bernard Dowd and Maria Iadanza

**Holy Name:** Maria Iadanza (English/Italian) and

Fr Michael McCaffrey (Latin).

**Peter Claver Dulwich:** Deacon Remo Patroni

**St. John Vianney:** Julie Dow

**St. Mary's North Adelaide:** Michelle Dinning

Please contact the parish office on **82108155** or [acp@adelaide.catholic.org.au](mailto:acp@adelaide.catholic.org.au) for more information about your local contacts or the process.

## IMPORTANT TO NOTE:

Cathedral Car Park and Staircase

Using the carpark ramp as a pedestrian walkway or for baby strollers is a major safety hazard. Please avoid doing so. Thank you for your cooperation.

## Safeguarding Children

Just a reminder that all children need to be accompanied to and from the toilet, ideally by an adult family member. Kindly ensure that children are supervised by an adult family member in the carparks at all times.